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EATING DISORDERS IN MULTICULTURAL SETTINGS

7-9 September 2017 Vilnius, Lithuania



A key part of the Vilnius ECED Conference will be a combination of plenary lectures and an intensive workshop on **"Minding the body: Mentalization-based treatment for eating disorders (MBT-ED)"** by the top Norwegian and British experts Finn Skårderud, Paul Robinson and Bente Sommerfeldt.



Finn Skarderud



Bente Sommerfeldt



Paul Robinson

Mentalization-based treatment is evidence-based medicine for borderline personality disorder and self-harm. Today there is great interest in implementing such principles in other areas, e.g. addiction, PTSD, depression and as mentalization-based therapy for eating disorders. Mentalization is defined as the ability to understand feelings, cognitions, intentions and meaning in oneself and in others. The capacity to understand oneself and others is a key determinant of self-organization and affect regulation. Eating disorders will be described as examples of different forms of impaired mentalizing, and such impairments are stated to be central psychopathological features in eating disorders. Psychotherapeutic enterprise with individuals with compromised mentalizing capacity should be an activity that is specifically focused on the rehabilitation of this function. Mentalization-based psychotherapy for eating disorders should also have a special emphasis on how the body is involved in representing mental states. The presentation will describe and demonstrate structures, clinical stances and techniques in MBT-ED.



Early registration deadline was extended. Please note the new deadlines below:



Final date for early registration



Final date for online registration

July 23 is the closing date for abstracts; on **July 30** the latest presenters will be informed whether their abstract is accepted. We urge you to register soon, in order to make use of the early registration fee (350 Eur, 250 Eur for NIS participants and 150 Eur for students), as early registration will close on **August 6, 2017**. After that the normal fee will be calculated: 400 Eur for regular participants, 300 Eur for NIS participants and 200 Eur for students.

Registration will be closed on **August 31, 2017**. You will be able to register on site, but an administrative fee of 50 Eur will be imposed.

REGISTER NOW

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ECED 2017 Conference Secretariat

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